

Camper's Daily Schedule				
Session 2	Sunday	Monday	Tuesday	Wednesday
7:30am		Breakfast in café	Breakfast in café	Breakfast in café
8:15am	Roll call-sign up for daily activity-go to pool		Roll call-sign up for daily activity-go to pool	Roll call-sign up for daily activity-go to pool
Bus Activity				
8:30am		<b>Stretching on deck - GATORADE TALK</b>	Stretching on deck	Stretching on deck
9:00am		Videotaping & stroke analysis at the pool	Stroke forum & drills	Videotaping & stroke analysis at the pool
10:30am				
11:00am		Roll call-return to dorm	Roll call-return to dorm	Roll call-return to dorm
11:15am		Lunch in café	Lunch in café	Lunch in café
12:00noon		Roll call for activity groups (all groups not staying at dorm meet in lobby)	Roll call for activity groups (all groups not staying at dorm meet in lobby)	Roll call for activity groups (all groups not staying at dorm meet in lobby)
12:15pm		Afternoon activity	Afternoon activity	Afternoon activity
1:30pm		Roll call-dorm campers go to pool	Roll call-dorm campers go to pool	Roll call-meet in theatre room
2:00pm	Check-in, unpack & meet your roommates	Stroke forum & drills Stroke session	Videotaping & stroke analysis at the pool	
3:00pm				Check-out of dorm
3:30pm			Roll call-campers return to dorm	
4:00pm	Roll call-meet your group & review rules & schedules	Roll call-go back to dorm		
4:30pm	Dinner in café	Dinner in café	Dinner in café	
5:15pm	Roll call-all groups go to pool	Roll call-all groups go to pool	Roll call-all groups go to pool	
5:30pm	Picture Day at the pool!! Wear your camp shirt	Videotaping & stroke analysis at the pool		
5:45pm	Stroke forum & drills Stroke session	Roll call-campers return to dorm	Stroke forum & drills Stroke session	
6:30pm				
7:00pm				
7:30pm	Roll call-go back to dorm		Roll call-go back to dorm	
8:00pm				
8:15pm				
8:30pm	Lobby Activity - Making Door Signs	Lobby Activity - T-Shirt Designing	Lobby Activity - Puzzle Night	
8:45pm		ICE CREAM SOCIAL	MOVIE NIGHT	
10:00pm	Lights out	Lights out	Lights out	